



Host Plants for Colorado Butterflies

Butterfly		Host Plants
Silver spotted skipper (<i>Epargyreus clarus</i>)		Leadplant (<i>Amorpha</i>), honey locust (<i>Gleditsia</i>), wild licorice (<i>Glycyrrhiza lepidota</i>), locust (<i>Robinia</i>)
Woodland skipper (<i>Ochlodes sylvanoides</i>)		Grasses: wheatgrass (<i>Agropyron</i>), Wildrye (<i>Elymus</i>), and canary grass (<i>Phalaris</i>)
Common checkered skipper (<i>Burnsius communis</i>)		Mallows: hollyhock (<i>Alcea</i>), winecups (<i>Callirhoe involucrata</i>), mallows (<i>Malva</i>), alkali mallow (<i>Sidalcea</i>) and globe mallow (<i>Sphaeralcea</i>)
Silvery blue (<i>Glaucopsyche lygdamus</i>)		Legumes: milkvetch (<i>Astragalus</i>), wild pea (<i>Lathyrus</i>), trefoil (<i>Lotus</i>), lupine (<i>Lupinus</i>), sweetclover (<i>Melilotus</i>), locoweed (<i>Oxytropis</i>), vetch (<i>Vicia</i>)
Melissa blue (<i>Plebejus melissa</i>)		Buckwheat (<i>Eriogonum</i>) and legumes: milkvetch (<i>Astragalus</i>), wild licorice (<i>Glycyrrhiza</i>), trefoil (<i>Lotus</i>), lupine (<i>Lupinus</i>), alfalfa (<i>Medicago</i>), clover (<i>Oxytropis</i>), vetch (<i>Vicia</i>)
Colorado hairstreak (<i>Hypaurotis crysalus</i>)		Gambel oak (<i>Quercus gambelii</i>)
Lustrous copper (<i>Lycaena cupreus</i>)		Knotweed (<i>Polygonum</i>), sorrel (<i>Rumex</i>)
Common wood nymph (<i>Cercyonis pegala</i>)		Grasses: bluestem (<i>Andropogon</i>), oats (<i>Avena</i>), bluegrass (<i>Poa</i>), needlegrass (<i>Stipa</i>), purpletop (<i>Tridens flavus</i>)
Gorgone checkerspot (<i>Chlosyne gorgone</i>)		Ragweed (<i>Ambrosia</i>), beggarticks (<i>Bidens</i>), sunflowers (<i>Helianthus</i>), crosswort (<i>Lysimachia</i>), tansyaster (<i>Machaeranthera</i>), asters (<i>Symphyotrichum</i>)
Queen (<i>Danaus gilippus</i>)		Milkweed (<i>Asclepias</i>), dogbane (<i>Apocynum</i>)
Monarch (<i>Danaus plexippus</i>)		Milkweed (<i>Asclepias</i>), dogbane (<i>Apocynum</i>)
Variegated fritillary (<i>Euptoieta claudia</i>)		Flax (<i>Linum</i>), passionflower (<i>Passiflora</i>), plantain (<i>Plantago</i>), stonecrop (<i>Sedum</i>), violets (<i>Viola</i>)
Buckeye (<i>Junonia coenia</i>)		False foxglove (<i>Agalinis</i>), snapdragon (<i>Antirrhinum</i>), paintbrush (<i>Castilleja</i>), foxglove (<i>Digitalis</i>), monkeyflower (<i>Mimulus</i>), beardtongue (<i>Penstemon</i>), plantain (<i>Plantago</i>), speedwell (<i>Veronica</i>)
Weidemeyer's admiral (<i>Limenitis weidemeyerii</i>)		Serviceberry (<i>Amelanchier</i>), ocean spray (<i>Holodiscus</i>), cottonwood (<i>Populus</i>), chokecherry (<i>Prunus</i>), willow (<i>Salix</i>)

Mourning cloak (<i>Nymphalis antiopa</i>)		Alder (<i>Alnus</i>), birch (<i>Betula</i>), hackberry (<i>Celtis</i>), cottonwood (<i>Populus</i>), willow (<i>Salix</i>), elm (<i>Ulmus</i>)
Field crescent (<i>Phyciodes pulchella</i>)		Thistle (<i>Cirsium</i>), fleabane (<i>Erigeron</i>), tansyaster (<i>Machaeranthera</i>), goldenrod (<i>Solidago</i>), aster (<i>Symphyotrichum</i>)
Red admiral (<i>Vanessa atalanta</i>)		Hops (<i>Humulus</i>), nettle (<i>Urtica</i>)
Painted lady (<i>Vanessa cardui</i>)		Yarrow (<i>Achillea</i>), hollyhock (<i>Alcea</i>), pearly everlasting (<i>Anaphalis</i>), wormwood (<i>Artemisia</i>), thistle (<i>Cirsium</i>), sunflower (<i>Helianthus</i>), mallow (<i>Malva</i>), mint (<i>Mentha</i>), sage (<i>Salvia</i>) and more
Two-tailed swallowtail (<i>Papilio multicaudata</i>)		Serviceberry (<i>Amelanchier</i>), ash (<i>Fraxinus</i>), chokecherry (<i>Prunus</i>), hoptree (<i>Ptelea</i>)
Western tiger swallowtail (<i>Papilio rutulus</i>)		Maple (<i>Acer</i>), alder (<i>Alnus</i>), ash (<i>Fraxinus</i>), crabapple (<i>Malus</i>), cottonwood (<i>Populus</i>), chokecherry (<i>Prunus</i>), hoptree (<i>Ptelea</i>), willow (<i>Salix</i>), elm (<i>Ulmus</i>)
Black swallowtail (<i>Papilio polyxenes</i>)		Dill (<i>Anethum graveolens</i>), carrot (<i>Daucus carota</i>), fennel (<i>Foeniculum vulgare</i>), parsley (<i>Petroselinum</i>), rue (<i>Ruta graveolens</i>)
Rocky Mountain parnassian (<i>Parnassius smintheus</i>)		Stonecrop (<i>Sedum</i>)
Orange sulfur (<i>Colias eurytheme</i>)		Legumes: Milkvetch (<i>Astragalus</i>), false indigo (<i>Baptisia</i>), wild licorice (<i>Glycyrrhiza</i>), trefoil (<i>Lotus</i>), lupine (<i>Lupinus</i>), alfalfa (<i>Medicago</i>), sweet clover (<i>Melilotus</i>), golden banner (<i>Thermopsis</i>), clover (<i>Trifolium</i>), vetch (<i>Vicia</i>)
Clouded sulfur (<i>Colias philodice</i>)		Legumes: Milkvetch (<i>Astragalus</i>), false indigo (<i>Baptisia</i>), trefoil (<i>Lotus</i>), alfalfa (<i>Medicago</i>), pea (<i>Pisum</i>), locust (<i>Robinia</i>), clover (<i>Trifolium</i>), vetch (<i>Vicia</i>)
Cabbage white (<i>Pieris rapae</i>)		Mustards: Cabbage, broccoli (<i>Brassica</i>), radish (<i>Raphanus</i>), nasturtium (<i>Tropaeolum</i>)
Checkered white (<i>Pontia protodice</i>)		Rockcress (<i>Arabis</i>), cabbage (<i>Brassica</i>), beeplant (<i>Cleome</i>), flixweed (<i>Descurainia</i>), pepperweed (<i>Lepidium</i>), tumble mustard (<i>Sisymbrium</i>)

For more information about how you can garden for pollinators, visit:
<https://butterflies.org/pollinator-awareness-through-conservation-education/>